



PULSE General Information

Cultivating a community of young servant leaders to transform Pittsburgh
www.pulsepittsburgh.org



What is PULSE?

PULSE (Pittsburgh Urban Leadership Service Experience) cultivates a community of young servant leaders to transform Pittsburgh. We invite talented university graduates to partner with Pittsburgh nonprofits for a year of service and leadership. PULSE participants (PULSErs) serve in a Pittsburgh nonprofit, live with other participants in intentional community and participate in ongoing personal and professional development. Though all our activities, we equip and develop young adults to be civic and community leaders with a heart for service.

Core Purpose: **PULSE cultivates a community of young servant leaders to transform Pittsburgh**

Core Values:

- Engaging in the possibility of the city
- The transformative power of service
- Celebrating the creative energy of young adults
- Building strong and enduring relationships
- The exploration and development of faith

How does the program work?

We **partner with Pittsburgh nonprofits** to develop men and women to be the next generation of servant leaders in our city. Partner nonprofits receive a young, talented, university graduate to build capacity in their organization while participants receive valuable training and skill development.

We **cultivate community** by having our participants live together. Our participants share meals, household tasks and life together. As a result, they grow and develop as individuals and as a cohort group of young adults working to make change in Pittsburgh.

We **train and equip our participants to become servant leaders** in Pittsburgh. We provide regular, ongoing personal and professional development, mentoring relationships and other opportunities to give our participants the support they need to succeed.

What can I expect from the PULSE program?

- 11 month leadership and service experience (August 26, 2017 – July 27, 2018)
- Sense of Community with other PULSE participants
- A Nonprofit Partnership in a participant's area of interest (not guaranteed, but we try hard to find the best fit)
- Personal/Professional Development through Weekly Seminar, Spring/Fall Retreat, Mentoring Program
- Room and Board
- Health Insurance Reimbursement
- Food and Public Transportation Coverage
- Modest Personal Stipend - \$80/month

Where do PULSErs serve?

Participants serve in a variety of different nonprofits, ranging from the arts to community development to hunger/homelessness to environmental, etc. We work with accepted participants to identify a good fit for the participant and our partner organizations. Here are few of the 100+ organizations that have hosted PULSE participants:



Where do PULSErs live?

PULSE participants live in one of seven houses in the East End and North Side of Pittsburgh. Our East End houses are located on the border of East Liberty and Highland Park (original 8 bedroom PULSE house) along with two additional 4 – 5 bedroom houses in Garfield and East Liberty. In 2015-2016, PULSE expanded the program and opened four new houses in the Perry South neighborhood on the North Side of Pittsburgh. These four houses are located within one block of each other and range from 4-5 bedrooms.

Each PULSE house has three stories, one-two baths, living room, dining room, and kitchen. The houses are fully furnished including the kitchen. Every room has a bed, dresser, a closet or wardrobe, desk and lamp.

What does a typical week look like?

- PULSErs bike, walk or take public transportation to/from work (participants can bring their vehicle)
- PULSErs typically serve 35 hours/week in a Pittsburgh nonprofit, Monday-Friday (half day on Wednesday) Times typically vary for art/theatre/environmental nonprofit partnerships
- PULSErs attend weekly Seminar on Wednesday afternoon
- PULSErs share cooking responsibility and eat dinner together Monday-Thursday (dependent on community)
- PULSErs have fun and enjoy Pittsburgh in the evening and weekends (there are two mandatory weekends scheduled for retreats)

What do others say?

"The most valuable part has been constantly learning about many important things that will shape my future as a servant leader. I'm gaining self-knowledge and great insight on how to generate community while also being challenged on how I think about making an impact."

~Perm ('15 – '16) - Islamic Center of Pittsburgh

"The house really feels like home. When I walk in the door, I can easily shed all the layers and feel comfortable and close with everyone around me."

~Casy ('15 – '16) – Pittsburghers for Public Transit

How can I apply?

Apply by March 1, 2017. Visit www.pulsepittsburgh.org. Fill out our online application. We view the application process as a discernment process for you and for us. We are excited to journey with you. Questions? Contact Jonnett Maurer, Recruiting Coordinator at recruiting@pulsepittsburgh.org or 412-361-