



## PULSE General Information

Cultivating a community of young servant leaders to transform Pittsburgh  
[www.pulsepittsburgh.org](http://www.pulsepittsburgh.org)



### *What is PULSE?*

PULSE (Pittsburgh Urban Leadership Service Experience) cultivates a community of young servant leaders to transform Pittsburgh. We invite talented university graduates to partner with Pittsburgh nonprofits for a year of service and leadership. PULSE fellows SERVE with a Pittsburgh nonprofit, LIVE in intentional community, and GROW as a leader. Through all our activities, we equip and develop young adults to be civic and community leaders with a heart for service.

Core Purpose: **PULSE cultivates a community of young servant leaders to transform Pittsburgh**

### Core Values:

- Engaging in the possibility of the city
- The transformative power of service
- Celebrating the creative energy of young adults
- Building strong and enduring relationships
- The exploration and development of faith

### *How does the program work?*

We **partner with Pittsburgh nonprofits** to develop young adults to be the next generation of servant leaders in our city. Partner nonprofits receive a young, talented, university graduate to build capacity in their organization while fellows receive valuable training and skill development.

We **cultivate community** by having our fellows live together. Our fellows share meals, household tasks and life together. As a result, they grow and develop as individuals and as a cohort group of young adults working to make change in Pittsburgh.

We **train and equip our fellows to become servant leaders** in Pittsburgh. We provide regular, ongoing personal and professional development, mentoring relationships and other opportunities to give our fellows the support they need to succeed.

### *What can I expect from the PULSE program?*

- A year-long leadership and service experience beginning in August 2018
- Intentional community living experience with other PULSE fellows
- A nonprofit partnership that fits a PULSE fellow's interests and skills
- Personal/professional development through weekly seminar, spring/fall retreat, mentoring program, and coaching meetings
- Room and board
- Health insurance reimbursement
- Food and public transportation coverage
- Modest personal stipend - \$90/month

## Where do PULSE fellows serve?

Fellows serve in a variety of different nonprofits, ranging from the arts to community development to hunger/homelessness to environmental, etc. We work with accepted fellows to identify a good fit for the participant and our nonprofit partner organizations. Here are few of the 125+ organizations that have hosted PULSE participants:



## Where do PULSE fellows live?

PULSE fellows live in one of our houses in Pittsburgh. Each PULSE house has between 4-8 bedrooms, one-two baths, living room, dining room, and kitchen. The houses are fully furnished including the kitchen. Every room has a bed, dresser, a closet or wardrobe, desk and lamp

## What does a typical week look like?

- PULSE fellows bike, walk or take public transportation to/from work (participants can bring their vehicle)
- PULSE fellows typically serve 35 hours/week in a Pittsburgh nonprofit, Monday-Friday (half day on Wednesday) Times typically vary for art/theatre/environmental nonprofit partnerships
- PULSE fellows attend weekly Seminar on Wednesday afternoon
- PULSE fellows share cooking responsibility and eat dinner together Monday-Thursday (dependent on community)
- PULSE fellows have fun and enjoy Pittsburgh in the evening and weekends (there are two mandatory weekends scheduled for retreats)

## What do others say?

“The most valuable part has been constantly learning about many important things that will shape my future as a servant leader. I’m gaining self-knowledge and great insight on how to generate community while also being challenged on how I think about making an impact.”

~Perm ('15 – '16) – University of Pittsburgh alumni, served with Islamic Center of Pittsburgh

“My experience has allowed me to challenge myself to become a more effective leader. Through seminars, group activities and my partnership, I’ve learned much about myself, my strengths, and to embrace them.”

~KeAndra ('17 – '18) – Spelman College alumni, serving with Homewood Children’s Village

## How can I apply?

**Apply by March 1, 2018.** Visit [www.pulsepittsburgh.org](http://www.pulsepittsburgh.org). Fill out our online application. We view the application process as a discernment process for you and for us. We are excited to journey with you. Questions? Contact Amanda Duncan, Recruiting and Partnership Coordinator at [recruiting@pulsepittsburgh.org](mailto:recruiting@pulsepittsburgh.org) or 412-361-0124.