WHAT IS PULSE?

PULSE (Pittsburgh Urban Leadership Service Experience) cultivates a community of young servant leaders to transform Pittsburgh. We invite talented university graduates to partner with Pittsburgh nonprofits for a year of service and leadership. PULSE fellows serve with a Pittsburgh nonprofit, live in intentional community, and grow as a leader.

CORE VALUES:

- Engaging in the possibility of the city
- The transformative power of service
- Celebrating the creative energy of young adults
- Building strong and enduring relationships
- The exploration and development of faith

HOW DOES THE PROGRAM WORK?

SERVE
We partner with Pittsburgh nonprofits to develop young adults to be the next generation of servant leaders in our city. Nonprofit partners receive a young, talented, university graduate to build capacity in their organization while the fellows receive training and skill development.

LIVE
We cultivate community by having our fellows live together. Our fellows share meals, household tasks and life together. As a result, they grow and develop as individuals and as a cohort group of young adults working to make change in Pittsburgh.

GROW
We train and equip our fellows to become servant leaders in Pittsburgh. We provide regular, ongoing personal and professional development, mentoring relationships and other opportunities to give our fellows the support they need to succeed.

“My year exceeded what I was expecting, both in my partnership and in the general community. I wanted an opportunity to transition out of college, grow and give back. I got all of that and more.”

Seth ('17-'18) - Duquesne University Alumni, Served with Pittsburgh Cultural Trust

“My experience has allowed me to challenge myself to become a more effective leader. Through seminars, group activities and my partnership, I’ve learned much about myself, my strengths, and to embrace them.”

Keandra ('17 - '18) - Spelman College Alumni, Served with Homewood Children’s Village
WHAT CAN I EXPECT FROM THE PULSE PROGRAM?

- A year-long leadership and service experience beginning in August 2020
- Intentional community living experience with other PULSE fellows
- A partnership with a Pittsburgh nonprofit
- Personal/professional development through weekly seminar, spring/fall retreat, mentoring program, and coaching meetings
- Room and board
- Health insurance reimbursement
- Food and public transportation coverage
- Modest personal stipend - $90/month

WHAT DOES A TYPICAL WEEK LOOK LIKE?

- Bike, walk or take public transportation to/from work
- Serve 35 hours/week in a Pittsburgh nonprofit
- Attend weekly Seminar on Wednesday afternoon
- Share cooking responsibility and eat dinner together
- Have fun and enjoy Pittsburgh in the evening & weekends

WHERE DO PULSE FELLOWS SERVE?

Fellows serve in a variety of different nonprofits, ranging from the arts to community development to hunger/homelessness to environmental, etc.. Fellows interview with potential nonprofit partners through a Match Day event. Over 125+ nonprofits in Pittsburgh have partnered with PULSE and hosted PULSE fellows.

WHERE DO PULSE FELLOWS LIVE?

Fellows live in one of our houses in Pittsburgh. Each PULSE house has between 4-8 bedrooms, one-two baths, living room, dining room, laundry room and kitchen. The houses are fully furnished including the kitchen. Every room has a bed, dresser, a closet or wardrobe, desk and lamp.

HOW CAN I APPLY?

Apply by March 1, 2020. Visit www.pulsepittsburgh.org. Fill out our online application. We view the application process as a discernment process for you and for us. We are excited to journey with you.
Questions? Contact Neal Donovan, Recruiting Coordinator at recruiting@pulsepittsburgh.org or 412-361-0124.